

SCUBA TRAINING INTERNATIONAL

BASIC STUDENT DIVE SKILL LOG

DIVE ONE:

- Introductory dive to get student comfortable in water

DIVE TWO:

- 1. Regulator clearing with and without air.
- 2. Partial mask clearing (repeat three times)
- 3. Descent using a line, and proper equalizing
- 4. Buoyancy adjustment (Positive, negative, neutral) various attitudes
- 5. Buddy diving formations
- 6. Air monitoring and signals
- 7. Slow ascent using a line

DIVE THREE:

- 8. Repeat all items in dive two
- 9. Natural aids to navigation and techniques
- 10. Ascent to the surface without the aid of an ascent line
- 11. Descent to the bottom, (orientation, proper equalization)
- 12. Surface swimming in a positive buoyant state

DIVE FOUR:

- 13. Repeat all items in dive two and three.
- 14. Learn techniques of sharing air with alternate air source and air two.
- 15. Practice buddy breathing underwater with just one regulator.
- 16. Emergency hand signals
- 17. Recovery of lost regulator
- 18. SCUBA unit removal and replacement underwater

DIVE FIVE:

- 19. Donning SCUBA unit from a small boat/kayak on surface.
- 20. Rescue carries, tired swimmer and do-se-do carries.
- 21. Mask removed completely with at least two breaths before replace and clear.
- 22. Diving in surge and or current

DIVE SIX:

- Qualification dive: student leads; instructor evaluates student performance

STUDENT SIGNATURE _____ date _____

INSTRUCTOR SIGNATURE _____ date _____